

St Antony's College Welfare Information

The information below is designed to signpost the most appropriate avenues of support for practical and welfare issues commonly faced by students. If you can't find an answer to your question in the table, please contact the [Registry Administrator](#). Our [Junior Deans](#) play a key role in the College's welfare structure and are on duty 24 hours a day. They can be consulted for informal advice on many of the topics below by phone (07590 844309 or 07590 843571) or email (junior.deans@sant.ox.ac.uk). This document is designed to be used in conjunction with the [Medical Services document](#) and does not duplicate the information there. Further details about [welfare](#) and [medical](#) support are available on the College website. Please note that the College Lodge (01865 284700) should be informed of any emergency situation.

	...in College		...outside College	
	Staff contact	Student contact	University contact	Outside contact / web resources
Academic-related				
Who can sign my GSO form in College?	Deputy Registrar			
I need to apply for an extension to my assignment	College Registrar		Departmental Administrator	
I need to apply for alternative exam arrangements	College Registrar		Disability Advisory Service	
I'm thinking about suspending my studies	College Advisor or Senior Tutor		Departmental Supervisor	
I am concerned about my academic progress	College Advisor or Senior Tutor		Departmental Supervisor	
I have problems with my departmental supervisor	College Advisor or Senior Tutor		Departmental Administrator or DGS	
Where do I get advice on careers/internships?	College Advisor	GCR VP Academic	University Careers Service	
I have been referred to the Proctors	College Dean		OUSU Student Advice Service	
I need help to improve my English		GCR VP Academic	University Language Centre	
Living				
I need a stamped/certified student status letter	Registry Administrator			
I need a visa letter for travel abroad	Registry Administrator			
I need to get a new student visa			Departmental Administrator	
Where do I report concerns about fellow students?	Junior Deans or College Dean	Peer Supporters	OUSU Student Advice Service	
Where do I report anti-social behavior in College such as a noise complaint?	Junior Deans or College Dean			
Where do I report problems with College accommodation?	College Maintenance Team			
How can I discuss a problem about private accommodation?			OUSU Student Community Wardens	Citizens' Advice
I need advice on childcare in Oxford or caring for someone else during my studies			OUSU Parents and Carers Childcare Services	Oxfordshire Family Information Services / Carers UK
My bike has been stolen / my room has been broken in to / I have witnessed a crime	College Lodge		OUSU Student Advice Service	Police: dial 101 (non-emergency) or 999 (emergency)
Finance				
I need a status letter for council tax exemption	Registry Administrator			
How do I apply to the University Hardship Fund?	College Registrar			
I need advice on transferring payment to College	College Accounts Team			

I need advice on fees/living costs	Registry Administrator		OUSU Student Advice Service University Fees and Funding	
I need advice about part-time work in Oxford			OUSU Student Advice Service University website	
Disability, Equality & Harassment				
How do I apply for exam adjustments?	College Registrar		Disability Advisory Service	
How do I access study support?	College Registrar		Disability Advisory Service	
I need to discuss/report a case of harassment	College Harassment Advisors , Junior Deans , College Dean	GCR Liberation Officers / Peer Supporters / Welfare VP / First Responders (via Lodge)	OUSU Student Advice Service Nightline University Harassment Advice	Samaritans Victim Support Centre
Where do I report a case of sexual violence?	Junior Deans , College Dean	First Responders (via Lodge 01865 284700) / Peer Supporters	OUSS Crime Reduction Adviser University Counselling Service OUSU Student Advice Service Nightline University Counselling Service	Oxford Sexual Abuse & Rape Crisis Centre (OSARCC) OSARCC Independent Sexual Violence Advocate Rape Crisis Helpline Sexual Assault Referral Centre Police: dial 101 (non-emergency) or 999 (emergency) Survivors UK (for male survivors) LGBTQ Domestic Abuse helpline App 'First Response Oxford'
Who do I speak to about equality and diversity issues?	College Equality & Diversity Officer , Junior Deans , College Dean	GCR Liberation Officers	University website	Switchboard LGBT+ Helpline CALM Helpline (support for men)
Health				
I have a physical or mental health problem	College Nurse or College GP Summertown Health Centre		University Counselling Service	NHS: dial 111 (non-emergency) or 999 (emergency)
I need First Aid	College Lodge , Junior Deans			NHS: dial 111 (non-emergency) or 999 (emergency)
I need to see a dentist			Studental , Oxford Brookes University	Oasis Dental , Beaumont Street
Where can I get condoms / emergency contraception / a screening for infections / advice on sexual health?	College Nurse or College GP Summertown Health Centre	GCR Liberation Officers / Condom Fairy / Welfare VP	OUSU Student Advice Service	Oxfordshire Sexual Health Services Pharmacy
Where do I get general advice on wellbeing?	Junior Deans	Welfare VP / Peer Supporters / GCR Liberation Officers /	OUSU Student Advice Service University Counselling Service	www.nhs.uk www.easyhealth.org.uk
I am concerned about my own behaviour/addictions	College Nurse or College GP Junior Deans	Peer Supporters	University Counselling Service Nightline	Samaritans Mental Health Foundation Mind Your Head
I feel depressed /I feel lonely / I am having trouble sleeping/concentrating on my work	College Nurse or College GP Junior Deans	Peer Supporters	University Counselling Service Nightline	Samaritans Mental Health Foundation Mind Your Head
I am having suicidal thoughts	College Nurse or College GP Junior Deans	Peer Supporters	University Counselling Service Nightline	Samaritans Mental Health Foundation Mind Your Head NHS: dial 111 (non-emergency) or 999 (emergency)
Someone I know is feeling depressed / has expressed suicidal thoughts	Junior Deans or College Dean	Peer Supporters	Nightline University Counselling Service	SANE Mental Health Helpline Papyrus